



Canwick House News

December 2021

Telephone number:

01522 522275



Email:

management@canwickhouse.com



Facebook:

www.facebook.com/canwickhouse



Twitter:

twitter.com/canwick_house



Website:

www.canwickhouse.com



**CANWICK HOUSE
RESIDENTS NOMINATE:
CARER OF THE YEAR 2021
TURN OVER TO
REVEAL...**



Canwick House
— Care Home for the Elderly —



New Chiropodist

"Healthy, Happy Feet"

Welcoming Shelly! Our Foot Care Practitioner

We are so fortunate to have Shelly as part of our Health Care team for our Residents.

"I qualified as a nurse from Pilgrim hospital in 1997 and worked on ENT till 1999. I then went into the community till 2006 when I finished my training as a Foot Healthcare Practitioner. Since 2016, I have been a practice nurse 2 days a week at my local surgery and care for feet 3 days a week"

Gemma says, "Knowing that Shelley has a nursing background fills us with confidence and pride that each of our Residents will be seen, with the care and experience they deserve. She is skilled at what she does and I'm over the moon to refer our Residents to Shelley for all foot care needs."

"Shelley has done wonders to my feet! I almost feel 21 again, performing my ballet." - Evrill

HEAR FROM ...

Meet: Evrill

Evrill will talk about the Rakusen's family whom she was a long term nanny for. She shares fond memories of this wonderful period of her life. Evrill was married to a weather man, and together they travelled around the world.

Meet: Eileen

"I enjoyed many years being an orthodontic dental nurse. I met so many incredible children." Eileen is also our secret performer, who performed in theatres across the UK.

Meet: Freddie

Freddie met her husband Barry, at a New Years Eve party at Saint Swithens community centre at 15 years old. They enjoyed their retirement travelling abroad on their Ariel motorbike to France and Spain.

Meet: Julie

Julie and Neil got married on 29th May 1976. Marrying her loving husband Neil and enjoying her large family of 7 siblings. Julie communicated with children, using British Sign Language at Cherry Willingham School in Lincolnshire.

Baby news!

7th April 2021 our little Prince arrived!

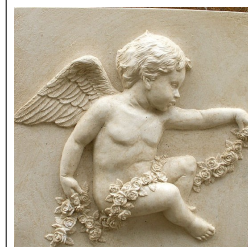
Mummy and baby have been thriving ever since.

Myles has been around for a few good months and is happy 24/7, especially when sat in his chair in the lounge, spending time with Residents as they give him lots of attention. Myles is such a joy and we've all fallen in love with his forever smile. He has two older brothers who he'll no doubt be running after very soon.

Myles is absolutely adored by both mummy and daddy and their families.

He is the People's Prince.

We look forward to summer 2022, and think about garden parties to reunite all Canwick children, to watch them enjoy the garden and eat ice creams.



*"Dear Myles
You are a
miracle sent
from above.
You touch our
lives with
wonder and fill
our hearts with
love.
Thank you."*

Shirley's Events

Halloween party Dressed as a witch, I was intent on entertaining all. A morning casting spells in my cauldron but only tasty Halloween cakes came out. Enjoyed by all! Masks, witches hats, pumpkin carving and homemade-pumpkin soup.

Fireworks night Our young volunteer Elijah set out a ground level, reduced noise display of fountains and colorful delight, as we watched on from the sun-lounge over tea time. I served my delicious butternut squash soup. "Coming together and enjoying an event is what motivates me. I do my best to ensure smiles on my Resident's faces. We create special memories, no one day is the same!"

Remembrance Sunday Observing the 11th hour on the 11th. With admiration and respect to all, remembering those who served and died.

I prepped artwork with Residents in the preceding days and we bought in special commemorative materials to recognize this special day. Our beautiful entrance hall was decorated with my Residents help. We are so fortunate to have the opportunity to celebrate these events throughout the year.

-Shirley





Happily Married

"I do!"

Said Sarah...

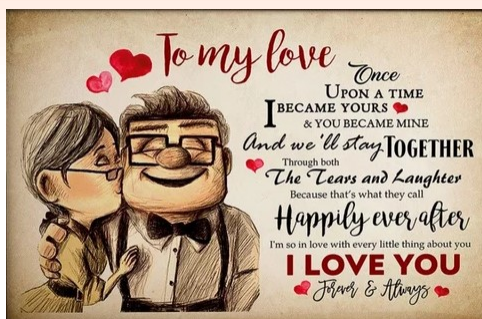
She hung up her tunic and skipped into the sunset for a wedding in Cyprus. Following all the Covid-19 guidelines carefully, Sarah and family safely headed to sunnier shores.

Afforded good weather, good health and loving family, Sarah married her soul mate. Sarah now becomes Mrs Williamson, although still accidentally refers to herself as Ms Bazley

"So after 12 years, 2 boys and a step daughter from Scott, we decided to tie the knot!!

We got married in Zakynthos. It was perfect in every way, the weather, location and the food was amazing. We celebrated with family and a few close friends. I would like to thank staff and residents for the lovely wedding gift!"

- Sarah



Anniversary News

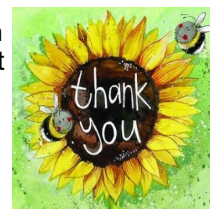
Celebrating Evrill's anniversary.

"I'm absolutely over the moon that I can share my 60th Wedding Anniversary with everyone here at Canwick House. Management has organised a very special party for me with a luxurious afternoon buffet, singing entertainment and a gorgeous cake." - Evrill



A Big Thank You

When Sarah joined us, infection control and house-keeping was her forte. Highly skilled, highly experienced and ready to take on our small, but busy Home, she jumped straight in the role and this meant very much to our staff team and Residents ... fast forward five months and we find ourselves on the front line of a virus we knew nothing about. Daily news informed us all of worrying statistics. Sarah has not once given up and handles every policy, every procedure and every (daily) update with professionalism and pride. We wish to thank you Sarah for keeping us all updated with regulation and implementing change within the Home to improve the service we provide. Thank you for taking the time to get to know our Home and Residents and all the extra things you do within your daily shift. As you turn up to work every single day whilst also managing family life and children, we applaud your hard work and care you have given us at Canwick House.



Resident Afternoon Tea

Shirley does us proud with a real "Royal-Tea"

For no special occasion other than, why not! Shirley began baking and preparing a spectacular tea time soiree just for our Residents. Salmon and cucumber squares and homemade tiny cup-cakes, gluten free options and diabetic options and plenty of tea and coffee. Such a special treat. Such a special lady!

"Shirley, your efforts and thoughtfulness touch us all and remind us that caring is from the heart - something you do so naturally. Thank you" - Catherine

"It was a lovely spread, very appetising. Beautiful in fact. Presentation was impeccable." - Marlene



Entertainment



"Hey good looking, What you got cooking?"

August 2021, Cindy fired up the BBQ for the first time this year, and like any true BBQ connoisseur, Rosa and Tas lay out fine dining tables, Alex made delicious salad dishes for each individual taste, Prince the dog lay in the sun, and the music played on through the garden.

We thoroughly enjoyed this day and cannot thank Cindy enough for the organization and motivation to hold the outdoor event. We ended with ice cream for all which went down a treat.



Resident quote:

'A glorious day, enjoyed by us all. Cindy did an extremely good job with the BBQ, whilst we all watched on with enjoyment. – Muriel

Andy the Saxophonist,

You just can't beat Andy: turns up, sets up and away he goes, come wind or shine, Andy plays within our garden as Residents watch and listen. During the summer we enjoyed wine and ice cream whilst the jazz flowed in honour of Mr Paul who loved his jazz and greats like Sinatra & Louis Armstrong. Andy is such a big hit with Residents and villagers, who get to enjoy jazz sounds in the air. Andy is a fantastic player and entertainer and shares his stories of playing worldwide. He's given a signed CD to Bill who thoroughly enjoys Andy's music.

'Andy is incredible, he brightens up my day with his outstanding talent. I enjoy listening to him with a nice glass of wine in my hand and my feet tapping away.' - Bill

The Live Music in Care report identifies a big step forward in showing what live music can do. "This is much more than simply entertainment. If done well, live music can help care homes achieve all the key indicators of quality person-centred provision that CQC inspectors are looking for." – Andrea Sutcliffe, Chief Inspector, Care Quality Commission, www.live.music.now.com



Honey the Harpist:

Launching her musical career, we welcomed local student Honey to our Home.

An hour flew by as Residents and staff enjoyed the beautiful sounds of the Harp. Honey is a focused and skilled young lady and we wish her every success as she continues on her path of performing and entertaining audiences.

Check out Andy's performance by scanning the QR code below



Scan the QR code above to enjoy Honey's performance

Welcoming back Jo and Lottie



Finally we heard pitter patter of Lottie running through to the lounge, she hadn't forgotten us! Lottie is our PAT dog accompanied by loving owner Jo who lives locally.

"It was so lovely seeing everyone again at Canwick House after such a long break. To see the smiles on all the Residents faces when they saw Lottie again was priceless." - Jo

'With her golden hair, Lottie always brings a smile to my face. Lottie always knows the right time to come...tea and biscuit time!' Joan

"So great to have Lottie back adding a sense of normality back into the Home giving our Residents that opportunity to touch and feel and of course enjoy the love only a dog can give." - Catherine.



**PETS AS
THERAPY**

Pets As Therapy (PAT) is a national charity that enhances the health and wellbeing of thousands of people in communities across the UK. We strive to ensure that everyone, no matter their circumstances, has access to the companionship of an animal.



Mural Wallpapers

Designed by our Residents then sent to the University of Lincoln students to produce the digital graphics. From there, we used local printers to create our mural Wall paper. Our Magnolia annexe became a spectacular sight as we invited Residents to walk down Canwick Lane, first stop the flower shop with interactive flower display, then the bus stop, using the old Lincoln South routes you can travel to Louth if you fancy.

Opposite the sweet shop with parma violets and small shrimps and bananas a plenty. Then the hairdressers, for the ultimate pamper, at the end of the lane the famous bright red of the post office keeps us from getting lost. The gorgeous brick front and post box will definitely come in handy at Christmas. And for a bit of fun, we have a hat shop opposite, great for ladies and gents on their way out to the garden and needing a hat to match.

"During the corona virus we have been stuck in, and having this wonderful blast of colour and excitement in the annexe is a great reminder of child hood, of the outside, whilst we remain safely inside".—Ruth

"Enjoyed by all, the mural is a fantastic art piece and collaboration with the students of Lincoln University. We hope to meet them one day. The annexe corridor now provides interactive, quiet area for Residents with specific dementia to feel purpose and sense of self. We report improved mood and interaction once time has been spent in this quieter area of the Home. It's a total success with us" explained Selina, a senior carer and key worker.



FOOD HYGIENE RATING



The 5* Kitchen

"I've worked at Canwick House since 2016 as a massage therapist and have just started working in the kitchen. I've always loved cooking for others and putting a smile on people's faces through food.

Canwick House has a homely and warm atmosphere, I've been welcomed by all and feel grateful to be a part of this loving and caring community" - Jo



Jo's skills in the kitchen have been enjoyed as far as Sheffield where she used to provide community kitchens with wholesome and nutritious meals for all. Jo has blessed us with her apple crumble, shepherd pie and fish n chips which were definitely a favourite with everyone. Our head chef Alex can enjoy time off knowing her kitchen and Residents are well fed and taken care of. Alex's newly refurbished kitchen and recent 5* Environmental Health Award means a Happy and Healthy kitchen for all at Canwick to enjoy.



Visitation pod

As Covid-19 regulations eased, we had been fortunate enough to use our IPC funding to put towards this safe visiting space.

Families can now safely see their loved ones knowing they're keeping us all 100% safe from the winter coughs and colds and other airborne viruses.

"I enjoy being in the pod and knowing I'm doing my bit to keep all safe. It's a gorgeous space to be in" - Joyce

"The visiting pod is a luxury, safe area where I love visiting mum. Well done to all the staff for keeping my mum happy and safe." - Daughter to Joan



Canwick House Care Home Carer of the Year 2021



Resident nominations were collected and every staff member was nominated and mentioned by our Residents for their wonderful attributes. Nominations were tallied up and it was Selina who was made Carer of the Year 2021!

Selina is a conscientious lady with a true calling for care. We are very fortunate to have known Selina since 2019 when she joined the team.

It has not been an easy 2 years but she has never given up. We admire her for her strength and resilience and all she's does for our Residents. We wish to award Selina this title for Carer of the year as we feel it is truly deserved.

We wish to recognise Selina for all she does for us at Canwick house, her commitment to care and for upholding the values of Canwick House Care Home.

I wish to dedicate my thanks and appreciation to all the Staff at Canwick House Care Home.

From our wonderful maintenance men, to our housekeeping lady, our care team and our kitchen staff, our volunteers and all our professionals who support us. **Thank you!** Your patience and willingness through the course of the year has been second to none. Your cheerful attitudes in challenging times shall always be remembered. Despite the Covid-19 pandemic the care industry has faced, you have selflessly continued to work everyday, balancing your own personal lives and commitments at the same time. For this, I give you a heartfelt thank you. The encouragement, motivation and reassurance you provide for our Residents is what makes our House a Home. You individually bring much joy to the lives of all at Canwick House. I am fortunate to have such a small and dedicated team.

With a very special thank you to Gemma my deputy and rock! Gemma is the recipient of my 4am text messages with plans for the day, and with her can-do attitude, she implements all. Whilst balancing Motherhood and Management - Gemma you are doing a wonderful job and I acknowledge all you do for our Residents and Staff. Thank you.

This year we warmly welcome our new CQC Inspector who in the not too distant future we hope to meet and demonstrate all the wonderful successes we've achieved throughout this year, as well as showcase our fantastic care as she hears from our Residents and their families.

From the Residents, Staff and myself and my family at Canwick House Care Home, we wish you all Health and Happiness this Christmas.

Catherine

*thank
you*

Scan this QR code
for incredible view
of Canwick House
Care Home



*"This journey
called life is a
Gift
Accept,
Acknowledge,
Adjust"
- Phyllis Davies,
the experience*



Canwick House
— Care Home for the Elderly —

01522 522275

Canwick House Care Home

Hall Drive

Canwick

Lincoln

LN4-2RG

